April

Beals Elementary Lunch Menu

PB&J Sandwich Cheese Popcorn Carrots & ranch Mixed Fruit	3 Spaghetti / meat Bread Stick	4 Tuna wrap/ lettuce	5 Fish Sticks	6	7
va i i ait	Toss salad Pears	Macaroni salad Chips Strawberries	Peas Mashed Potato Apple Sauce	Hotdog/ bun Baked Beans Potato wedges Mixed fruit	* All items are baked in our oven. We do not hav fried foods.
9 Corn Chowder Toasted cheese Crackers Mixed fruit	Deep Dish Pizza Toss Salad Graham Crackers Apple	Shepherds pie Biscuit Apple Sauce	12 BBQ Chicken Sandwich Pickle Cheese Popcorn Peaches	13 Cheese Burger Chips & Salsa Carrots & ranch Apple	* All Breads: Rolls, Toast, Goldfish Sandwiches & Pizza Crus etc. are Whole Wheat
16 17 18 19 20 SPRING BREAK				20	21
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Fish Chowder Biscuits Crackers Cheese Stick Peaches	Meatball Sub Toss salad Cheese Popcorn Apple	25 Chicken tenders Mashed Potato Broccoli Pears	26 Beef & Cheese Burrito Tater tots Wk corn	Turkey & Cheese Sub Chips & Salsa Veggies / ranch Mixed Fruit	28
30 Cheese Burger Tater Tots		Students have a choice of 1% white or fat free chocolate milk with lunch. Those bringing home lunches need to pay \$.30 for milk. The State of Maine and the USDA is an equal			
	Corn Chowder Toasted cheese Crackers Mixed fruit 16 23 Fish Chowder Biscuits Crackers Cheese Stick Peaches	Corn Chowder Toasted cheese Crackers Mixed fruit Deep Dish Pizza Toss Salad Graham Crackers Apple 16 17 SPI 23 Fish Chowder Biscuits Crackers Cheese Stick Peaches 30	Corn Chowder Toasted cheese Crackers Mixed fruit Deep Dish Pizza Toss Salad Graham Crackers Apple SPRING BREA 23 Fish Chowder Biscuits Crackers Cheese Stick Peaches Peaches Deep Dish Pizza Toss Salad Graham Crackers Apple Deep Dish Pizza Toss Salad Graham Crackers Apple SPRING BREA SPRING BREA 25 Chicken tenders Mashed Potato Broccoli Pears Cheese Popcorn Apple 30	Corn Chowder Toasted cheese Crackers Mixed fruit Deep Dish Pizza Toss Salad Graham Crackers Apple SPRING BREAK 23 Fish Chowder Biscuits Crackers Crackers Cheese Popcorn Apple Apple 24 Meatball Sub Toss salad Cheese Popcorn Apple Chicken tenders Mashed Potato Broccoli Pears Cheese Stick Peaches BBQ Chicken Sandwich Pickle Cheese Popcorn Peaches Cheese Popcorn Peaches Chicken tenders Mashed Potato Broccoli Pears Cheese Stick Peaches BBQ Chicken Sandwich Pickle Cheese Popcorn Peaches Cheese Popcorn Apple Chicken tenders Mashed Potato Broccoli Pears Wk corn Shepherds pie Biscuit Apple Cheese Popcorn Peaches Cheese Popcorn Apple Shepherds pie Biscuit Apple Cheese Popcorn Peaches Cheese Popcorn Peaches	Corn Chowder Toasted cheese Crackers Mixed fruit Deep Dish Pizza Toss Salad Graham Crackers Apple Shepherds pie Biscuit Apple Sauce Shepherds pie Biscuit Cheese Popcorn Peaches Cheese Popcorn Peaches Chips & Salsa Carrots & ranch Apple Chips & Salsa Carrots & ranch Apple Chips & Selsa Carrots & Chips & Chips & Selsa Carrots & Chips & Selsa Carrots & Chips & Selsa Carrots & Chips & Chi