

April

Beals Elementary Lunch Menu

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|-----------------------|--|--|--|---|---|---|
| 1 Week # 29 | 2 PB&J Sandwich Cheese Popcorn Carrots & ranch Mixed Fruit | 3 Spaghetti / meat Bread Stick Toss salad Pears | 4 Tuna wrap/ lettuce Macaroni salad Chips Strawberries | 5 Fish Sticks Peas Mashed Potato Apple Sauce | 6 Hotdog/ bun Baked Beans Potato wedges Mixed fruit | 7 * All items are baked in our oven. We do not have fried foods. |
| 8 Week # 30 | 9 Corn Chowder Toasted cheese Crackers Mixed fruit | 10 Deep Dish Pizza Toss Salad Graham Crackers Apple | 11 Shepherds pie Biscuit Apple Sauce | 12 BBQ Chicken Sandwich Pickles Cheese Popcorn Peaches | 13 Cheese Burger Chips & Salsa Carrots & ranch Apple | 14 * All Breads: Rolls, Toast, Goldfish Sandwiches & Pizza Crust etc. are Whole Wheat |
| 15 | <div style="border: 1px solid black; padding: 10px; width: fit-content; margin: auto;"> SPRING BREAK </div> | | | | | 21 |
| 22 Week #31 | 23 Fish Chowder Biscuits Crackers Cheese Stick Peaches | 24 Meatball Sub Toss salad Cheese Popcorn Apple | 25 Chicken tenders Mashed Potato Broccoli Pears | 26 Beef & Cheese Burrito Tater tots Wk corn | 27 Turkey & Cheese Sub Chips & Salsa Veggies / ranch Mixed Fruit | 28 |
| 29 Week #32 | 30 Cheese Burger Tater Tots Graham Crackers Apple sauce | <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> Students have a choice of 1% white or fat free chocolate milk with lunch. Those bringing home lunches need to pay \$.30 for milk. </div> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto; margin-top: 10px;"> The State of Maine and the USDA is an equal opportunity Provider & Employer. </div> | | | | <div style="border: 3px double black; padding: 10px; width: 60px; margin: auto;"> 2018 </div> |