

February

Beals Elementary Lunch Menu

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
Week # 21				1 Deep Dish Pizza Wk Corn Potato Wedges Apple	2 Chop Suey Bread Stick Green Beans Peaches	3 * All items are baked our oven. We do not have fried foods.
4 Week # 22	5 Meatball Sub Toss Salad Peaches	6 Roast Pork Mashed Potato Green Beans Mixed Fruit Ice cream	7 Hot dog / bun Cheese Stick Salsa & Chips Peaches	8 Tomato Soup Toasted Cheese Crackers Pears	9 Cheese burger Tater tots Carrots & ranch Apple	10 * All Breads: Rolls, Toast, Goldfish Sandwiches & Pizza Crust etc. are Whole Wheat
11 Week # 23	12 Chicken Tenders Tater Tots Broccoli Pears	13 Fish Sticks Mashed Potato Peas Apple Sauce	14 Spaghetti / Meat sauce Toss Salad Bread stick Peaches	15 Chicken Burger WK corn Potato wedges Pineapple	16 Breakfast for Lunch	17
18	19	20	21	22	23	24
WINTER BREAK						
25 Week #24	26 Cheese Burger Tater Tots Baked Beans Mixed Fruit	27 Chicken Tenders Mashed Potato Wk Corn Peaches	28 Turkey & Cheese Sub Popcorn Carrots & Ranch Apple			
Students have a choice of 1% white or fat free chocolate milk with lunch. Those bringing home lunches need to pay \$.30 for milk.			The State of Maine and the USDA is an equal opportunity Provider & Employer.			2018