

February 2023 – Beals Elementary School Breakfast and Lunch Menu

Breakfast Menu: Cereal, Toast, Muffins, Yogurt, Fruit & Juice

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<u>WEEK #22</u>			1 Soft Tacos Rice Fruit Chips/Salsa	2 Hot Dogs Chips Pickle Apple	3 Breakfast Sandwich Hash Brown Fruit/ Yogurt	*All Breads: Rolls, Toast, Pancakes & Pizza Crust etc. are Whole Wheat & Cereals
<u>WEEK #23</u>	6 Pepperoni Pizza Veggies/Ranch Popcorn Apple	7 BBQ Oven Chicken Broccoli Baked beans Peaches	8 Ham & Cheese Sub Chips Veggies/ Ranch Fruit	9 Fish Sticks Potato Wedges Peas Apple sauce	10 Pancakes Sausage Fruit/ Yogurt	Students have a choice of white, chocolate or lactaid milk with lunch. Those bringing lunch will need to pay .30
<u>WEEK #24</u>	13 Spaghetti with Meat Sauce Bread Stick Veggies/ Ranch Fruit	14 Chicken Burger Chips & Salsa Strawberries Ice Cream	15 Tomato Soup Toasted Cheese Apple Sauce	16 Meatball Sub Veggies/ Ranch Chips Fruit	17 Early Release Day Dismissal at 11:30 BAG LUNCH	The state of Maine & the USDA is an equal opportunity provider & employer.
	20 No School	21 Vacation	22 Vacation	23 Vacation	24 Vacation	Breakfast Served From 7:15-7:40
<u>Week #25</u>	27 Cheese Burger Popcorn Apple	28 Oven BBQ Chicken Potato Wedges Green Beans Strawberries				MENU IS SUBJECT TO CHANGE or SUBSTITUTIONS