

January 2024 – Beals Elementary School Breakfast and Lunch Menu

Breakfast Menu: Cereal, Toast, Muffins, Yogurt, Fruit & Juice

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
	1 Happy New Year 2024!	2 Oven BBQ Chicken Green Beans Tater Tots Apple	3 Cheeseburger Popcorn Veggies/Ranch Fruit	4 Breakfast Sandwich Yogurt/Juice Hash brown Apple	5 Tomato Soup Toasted Cheese Crackers Peaches	* All Breads: Rolls, Toast, Pancakes & Pizza Crust etc. are Whole Wheat & Cereals
	8 Oven BBQ Chicken Green Beans Corn muffin Pears	9 Hot Dog Popcorn Veggies/ Ranch Fruit	10 Pepperoni Pizza Salad Bar	11 Chicken Burger Cinnamon Apples Chips Veggies/Ranch	12 Fish Sticks Tater Tots Corn Peaches	Students have a choice of white, chocolate or lactaid milk with lunch. Those bringing lunch will need to pay .30
	15 <u>No School</u> Martin Luther King Jr, Day	16 Spaghetti/ Meat Sauce Bread Stick Salad Fruit	17 Taco Salad Chips & Salsa Rice Peaches	18 Cheeseburger Tater Tots Corn Apple Sauce	19 Crabmeat Roll <u>OR</u> PB&J Veggies/ Ranch Apple	In accordance with Federal civil rights Law and USDA civil rights regulations and policies, this institution is
	22 American Chop Suey Bread Stick Green Beans/ Fruit	23 Chicken Tenders Rice Corn Biscuit / Fruit	24 Chili Chips/Salsa Apple Sauce	25 Hotdog Popcorn Veggies/ Ranch Fruit	26 Breakfast for Lunch	Prohibited from discrimination on the basis of race, color, national origin, sex,
	29 Oven BBQ Chicken Green Beans Corn Muffin Pears	30 Tomato Soup Toasted Cheese Crackers/Fruit	31 Chicken Burger Salad bar		This institution is and equal opportunity provider.	Disability, age or reprisal or retaliation for prior rights activity.