

March

2019

BES BREAKFAST MENU

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

WEEK #24

1

1

~Cereal & Toast~
Juice
Yogurt

2

***All Breads:** Rolls,
Toast, Pancakes &
Pizza Crust etc. are
Whole Wheat

3

WEEK #25

4

~Cereal & Toast~
Or
French toast sticks
Juice
Yogurt

5

~Cereal & Toast~
Or
Flap stick
Juice
Yogurt

6

~Cereal & Toast~
Or
Pancakes
Juice
Yogurt

7

~Cereal & Toast~
Or
Breakfast Pizza
Juice
Yogurt

8

~Cereal & Toast~
Or
Bagel & Cream cheese
Juice
Yogurt

9

10

WEEK #26

11

~Cereal & Toast~
Or
French toast sticks
Juice
Yogurt

12

~Cereal & Toast~
Or
Flap Stick
Juice
Yogurt

13

~Cereal & Toast~
Or
Pancakes
Juice
Yogurt

14

~Cereal & Toast~
Or
Breakfast Sandwich
Juice
Yogurt

15

~Cereal & Toast~
Juice
Yogurt

16

17

WEEK #27

18

~Cereal & Toast~
Or
French toast sticks
Juice
Yogurt

19

~Cereal & Toast~
Or
Flap stick
Juice
Yogurt

20

~Cereal & Toast~
Or
Pancakes
Juice
Yogurt

21

~Cereal & Toast~
Or
Breakfast pizza
Juice
Yogurt

22

~Cereal & Toast~
Or
Bagel & Cream cheese
Juice
yogurt

23

24

WEEK #28

25

~Cereal & Toast~
Or
French toast sticks
Juice
Yogurt

26

~Cereal & Toast~
Or
Flap Stick
Juice
Yogurt

27

~Cereal & Toast~
Or
Pancakes
Juice
Yogurt

28

~Cereal & Toast~
Or
Breakfast Pizza
Juice
Yogurt

29

~Cereal & Toast~
Juice
Yogurt

30

31

**Students have a
choice of white or
chocolate milk or
lactaid with lunch.
Those bringing home
lunches need to pay
\$.30 for milk.**

**The state of Maine &
the USDA is and
equal opportunity
provider &
employer.**