

March

2019

BES LUNCH MENU

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

WEEK #24

February 25th
Chicken Burger
Chips & Salsa
Peaches

February 26th
Ham &
Cheese Sub
Chips
Apple

February 27th
Cheese Burger
Tater Tots
Green Beans
Fruit

February 28th
Corn Chowder
Biscuit
Crackers
Fruit

1
Hot dog/ bun
Sweet potato fries
Cheese stick
Apple

2
***All Breads:** Rolls,
Toast, Pancakes &
Pizza Crust etc. are
Whole Wheat

3

WEEK #25

4
Meatball sub
Carrots & ranch
Cheese Popcorn
Pears

5
Chicken Alfredo
Broccoli
Bread stick
Strawberries

6
Fish Sticks
Tater Tots
WK Corn
Fruit

7
Roast Pork/ Gravy
Mashed Potato
Green beans
Peaches

8
Turkey & Cheese Sub
Chips
Veggies & Ranch
Fruit

9

10

WEEK #26

11
Spaghetti/ meat sauce
Toss Salad
Bread stick
Peaches

12
Chicken Tenders
Mashed potato
Green beans
Apple sauce

13
Ham Italian
Chips
Fruit
Ice Cream

14
Tomato Soup
Toasted cheese
Crackers
Pears

15
PB&J Sandwich
Carrots & Ranch
Chips
Apple

16

17

Week #27

18
Chicken Burger
Macaroni & Cheese
Green beans
Apple Sauce

19
Baked Ham
Corn muffin
Broccoli
Mashed Potato
Peaches

20
Deep Dish Pizza
Wk corn
Toss Salad
Apple

21
Meatball Sub
Carrots & Ranch
Cheese stick
Fruit

22
Cheese Burger
Potato wedges
Baked beans
Pears

26

**The state of Maine &
the USDA is and
equal opportunity
provider &
employer.**

24

WEEK #28

25
Fish Sticks
Broccoli
Mashed Potato
Apple

26
Taco Salad
Chips & Salsa
WK Corn
Peaches

27
Turkey & cheese
sandwich
Carrots & Ranch
Cheese Popcorn
Pears

28
Chicken Tenders
Sweet potato fries
Toss salad
Apple sauce

29
American Chop suey
Green Beans
Bread stick
Strawberries

30