

# Beals Elementary School Breakfast and Lunch Menu - September 2025

## Breakfast Menu: Cereal, Toast, Muffins, Yogurt, Fruit & Juice



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Labor Day No School	<b>2</b> First School Day Macaroni & Cheese Chicken Tenders Peas Peaches	<b>3</b> Meatballs & Sauce Cheese Breadstick Green beans Apple Sauce	<b>4</b> Cheese burger Tater tots Baked beans Yogurt & fruit Parfait	<b>5</b> Salad Bar Pizza	<b>6</b> <i>Students have a choice of white or chocolate milk with lunch.</i>
<b>7</b>	<b>8</b> Chicken Burger Chips & Salsa Cucumbers & ranch Apple	<b>9</b> Hotdog Chips Pasta Salad Orange slices	<b>10</b> Fish sticks Corn Tater tots Apple sauce	<b>11</b> Chicken & Cheese sub Sun chips Juice Peaches	<b>12</b> Meatloaf Mashed potato Carrots Orange slices	<b>13</b> <i>Lunch Menus are subject to change.</i>
<b>14</b>	<b>15</b> Shepherd's Pie Biscuit Cantaloupe Juice	<b>16</b> Stuffed shells Bread stick Peas Apple Sauce	<b>17</b> Ham & Cheese sub Gold fish Cucumbers & ranch Apple	<b>18</b> Uncrustable Chips Gogurt Peaches	<b>19</b> Mini Pancakes Sausage link Yogurt & fruit Parfait Juice	<b>20</b> <i>This institution is an Equal Opportunity Provider.</i>
<b>21</b>	<b>22</b> Pizza Sticks Caesar Salad Fruit cup	<b>23</b> Taco Salad Chips & Salsa Rice Pineapple	<b>24</b> Chopsuey Cheese Breadstick Green beans Apple sauce	<b>25</b> Popcorn chicken Macaroni & cheese Carrots Peaches	<b>26</b> BLT Croissant Popcorn Apple	<b>27</b>
<b>28</b>	<b>29</b> Nacho Bar Gogurt Fruit	<b>30</b> Turkey Stuffing Bake Peas Apple sauce				

