Beals Elementary School Breakfast and Lunch Menu – November 2026



Breakfast Menu: Cereal, Toast, Muffins, Yogurt, Fruit & Juice

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Corn Chowder Uncrustable Cheese stick Fruit	3 Spaghetti with Meat Sauce Garlic Bread Cucumbers/ Ranch Fruit	4 Pizza Salad Fruit	5 Chicken Tenders Fried Rice Green Beans Apple Sauce	6 Meatballs/Sauce Garlic Toast Veggies/ Ranch Apple	7 *Students have a choice of white or chocolate milk with lunch.*
8	9 Chicken Burger French Fries Baked beans Apple sauce	10 Tomato Soup Toasted cheese Gold fish Fruit	11 Veterans Day No School	12 EARLY DISMISSAL Hot Dog Chips Fruit	13 EARLY DISMISSAL PB & J Sandwich Popcorn Gogurt Apple	14 *Lunch Menus are subject to change.*
15	16 Chicken & Broccoli Woodles Muffin Peaches	17 Chili Corn Bread Chips & Salsa Apple	18 Pancakes Sausage Yogurt Juice Fruit	19 Turkey Dinner	20 Hot Dog Chips Yogurt Fruit	21 *This institution is an Equal Opportunity Provider.*
22	23 Wonton Soup/ Chicken Noodle Soup Toasted Cheese Fruit	24 PB & J Sandwich Chips Fruit	25 No School	26 Happy Thanksgiving	27 No School	28
29	30 Ham & Cheese Sub Chips Yogurt Juice Apple					