

September 2026 Beals Elementary School Breakfast and Lunch Menu



Breakfast Menu: Cereal, Toast, Muffins, Yogurt, Fruit & Juice

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31 Chicken Tenders Carrots/ Ranch French fries Watermelon	1 Pizza Caesar Salad Gogurt Peaches	2 Chicken Drumstick Macaroni & Cheese Cucumbers/ Ranch Apple Slices	3 Hot Dog Tater Tots Yogurt/ Fruit	4 Meatballs w/Sauce Garlic Toast Veggies/ Ranch Apple	5 <i>Students have a choice of white or chocolate milk with lunch.</i>
6	7 No School Labor Day	8 Chicken Burger Corn on the Cob Fruit Salad	9 Corn Dog Smiley Fries Cucumbers/ Ranch Melon	10 Popcorn Chicken Fried Rice Green Beans Applesauce Juice	11 BLT on Croissant Sun Chips Yogurt Apple	12 <i>Lunch Menus are subject to change.</i>
13	14 Tomato soup Toasted cheese Fruit Juice	15 Spaghetti/ Meat Sauce Garlic Toast Salad Applesauce	16 Taco Salad Chips & Salsa Fruit salad Juice	17 Whoodles Chicken Teriyaki Dumplings Broccoli Peaches	18 Turkey and Cheese Sub Popcorn Yogurt Fruit	19 <i>This institution is an Equal Opportunity Provider.</i>
20	21 Fish Sticks Smiley Fries Broccoli Fruit	22 Salad Bar Pizza	23 Chicken Bacon Ranch Pasta Bake Salad Apple	24 Baked Ham Mashed Potato Green Beans Applesauce Juice	25 Uncrustable Chips Cucumbers/ Ranch Cheese Stick Fruit	26
27	28 Ham & Cheese Sub Chips Yogurt Juice Apple	29 Chili Cornbread Fruit cup	30 Corn Chowder Uncrustable Veggies/ Ranch Peaches			